

• MIDDLETOWN •

TAKEAWAY MENU

Mon - Fri 7.30am - 3pm

Sat - Sun 8am - 3pm

Ham, cheese & tomato toastie	10
Bacon, egg & cheese roll	11
Chicken, avocado & cheese sandwich	12
Tuna melt bun with cheese	10
Smashed avocado on rye toast, cherry tomatoes, roasted beetroots, walnuts <i>(df, v)</i>	14
Paleo granola with coconut yoghurt & fresh fruits <i>(df, gf, vg)</i>	12
Japanese rice bowl with roasted pumpkin, broccolini, edamame, seaweed & pickled ginger <i>(df, gf, vg)</i>	15
+ Poached egg	2
+ Torched smoked salmon	5
Vegan grain salad - pearl couscous, roasted pumpkin, parsley, spinach, dried cranberries, walnuts & lemon tahini dressing <i>(df, vg)</i>	15
+ Poached egg	2
Fried chicken burger with cheese, chilli mayo, slaw & chips	16
Eggs on toast <i>(v)</i>	
Poached / fried / scrambled eggs on Sourdough / multigrain / rye toast	11
Gluten free toast	12
+ Fresh tomatoes / wilted spinach / potato hash / feta	3 ea
+ Roasted mushrooms	4
+ Avocado / smoked salmon / bacon	5 ea
Thick cut chips	6